Week:_____

# Multicultural Counseling

## Contemplative Practices

**Record Time Spent for (1) Assigned Reading (e.g. Hogan, Jun, Online articles, etc.), (2) Assigned Writing (integration paper, process paper, concrete strategies, etc.), and (3) Internship Search/Research, etc.**

| Day | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---|---|---|---|---|---|---|
| **Time**:<br><br>**AM** | | | | | | | |
| **PM** | | | | | | | |

**Total hours for the week_____**

## Record Time Spent Learning Summary Group Participation

| Name | Check In Time | Check Out Time | Discussion Topics |
|---|---|---|---|
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