

National Stuttering Association

Changing the lives of people who stutter

If you are the parent or family member of a child who stutters, you may have questions about what to do for your child. The National Stuttering Association is here to help!

This brochure describes a few of our many helpful outreach programs for preschoolers, school-age children, and teenagers who stutter—and their families!

As you read this information, remember that there is so much that can be done to help children who stutter. New information and programs are being developed constantly so stay connected by logging into the NSA website. Even if your child has not experienced success in the past, there is still hope for the future.

Through the NSA, countless children and adults who stutter have improved their speech and overall communication skills, reduced their concerns about stuttering, and found that they can do anything they want to do!

If you don't find what you are looking for, visit our website and click on "Who We Help".



Some Highlights from the History of the National Stuttering Association

Founded in 1977, the NSA has become the largest self-help/support organization in the United States for people who stutter. Throughout our history, we have worked to improve the lives of people who stutter. For example, the NSA was instrumental in securing a Presidential Proclamation establishing the second week of May each year as National Stuttering Awareness Week.

Later, the NSA named 1996 "The Year of the Child Who Stutters" and hosted workshops nationwide to help young people who stutter. In 2001, we held the first joint symposium for scientists and people who stutter, aimed at advancing stuttering research and treatment.

In 2005, we launched our NSAKids initiative to help children who stutter and their families, with local chapters, dedicated publications, and a new level of personal support.

Our history shows our commitment to people affected by stuttering and proves the success of our mission.

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Please support the NSA with your
time and tax-deductible donations.

The National Stuttering Association is a 501(c)(3) nonprofit organization. Since 1977, we have dedicated ourselves to bringing hope and empowerment to children and adults who stutter, their families, and professionals through support, education, advocacy, and research.

16 Ways the National Stuttering Association Can Help You Help Your Child



- Does my child stutter?
- Will my child do well in school?
- How should I handle the reactions of others?
- Can I afford therapy?
- Where do I get more information?
- How do I help my child feel good about himself or herself?

The National Stuttering Association
(NSA) is here to help you answer
these questions and more!



1. NSAKids and TwST Groups

The NSA is the only organization to offer local support chapters specifically for children, teens and their families. NSAKids groups are specifically designed for young children and their parents, while TWST (Teens Who STutter) groups are perfect for teenagers. Joining these groups can help you and your child see that you're not alone in dealing with stuttering.

2. NSA Youth and Family Days

NSA Youth and Family Days bring together children who stutter, their parents, and specialists in the treatment of stuttering for a full day of sharing, encouragement, support, and fun. These life-changing events give you a taste of what it is like to attend an NSA National Conference.

3. Helpful Information for Parents of Preschool Children Who Stutter

The NSA's 60-page booklet, *Young Children Who Stutter: Information and Support for Parents*, explains the early signs of stuttering, describes what to expect in therapy, and explains how parents can help at home. It also provides the support you need to be a helpful partner in therapy. Order your copy today!

4. The Latest Developments in Treatment

The NSA has partnered with leading stuttering specialists from around the country to provide the most up-to-date information about new treatments for children who stutter.

5. "Family Voices" Newsletter

...for kids and teens who stutter, their parents, SLPs and others who support them! Special sections of this quarterly NSA publication are written for and by teens, kids and parents. Articles address the issues of connecting, advocacy, resources, and education! School-age children and teens can learn how to cope with their stuttering from each other and parents are supported on many levels.

6. The Latest In Stuttering Research

The NSA's Research Committee keeps you informed about developments in research to help you decide what's best for your child.

7. Pediatricians

... are the first health care professionals that parent's turn to when they initially have concerns about their child's stuttering. The NSA has a special section of the website and brochure that speaks to the physicians to help them to better understand stuttering today.

8. Information for Educators

Help your child's classroom teacher learn how to help your child at school with our informative brochure for educators.

9. Therapy Referral Suggestions

Because of our close partnerships with leading speech-language pathologists around the country, the NSA can help put you in touch with a stuttering specialist in your area.

10. Parent Support Chain

Meet other parents who understand the challenges of being the parent of a child who stutters. Help your child as you help yourself!



11. Secure and Supervised Interactions!

The NSA maintains a "SAFE ENVIRONMENT" policy to protect all our children at NSA events.

12. Ask the Expert!

Call **800 We Stutter (937-8888)** or email AskTheExpert@westutter.org

13. Information at Your Fingertips

The NSA's website (www.WeStutter.org) is filled with helpful information about stuttering, including advice from parents of children who stutter, guidance from professionals, and inspirational stories from people who have not let stuttering hold them back.

14. Advocate for Your Child

The NSA is frequently cited in news articles and television programs involving stuttering. Because of our national prominence, you can find a voice for advocating for the needs of people who stutter.

15. NSA Annual Conference

Our 4-day Conference is the best way to help people overcome the challenge of stuttering with/through activities, motivational speakers, support from others who stutter, the latest research and much more.

16. Stay Connected

Check out WeStutter.org today to find all of this information and more, including links to our newsletters - 'Letting Go' and 'Family Voices', monthly email blasts, our Facebook page, YouTube site, Twitter, Yahoo! Groups, and much more!