Quilt of Valor Quilt - American Pride

80” x 60”

This is an easy quilt put together quickly with a center panel, borders and just 8 constructed blocks.
Fabric Requirements

Every effort has been made to make this pattern as complete and as accurate as possible. However, there may be mistakes, both typographical and in content.

Please read all instructions before cutting fabric.

Fabric requirements are generous. Fabric requirements are based on fabrics used in pictured quilt on last page and have been calculated using 42 1/2" WOF after selvages removed. You may need to adjust some fabric requirements depending on your fabric choices.

All seams are sewn with a scant 1/4" seam allowance unless otherwise stated in instructions.

Center Panel
Timeless Treasures – American Flag Panel USA-C5278-Flag (Distressed flag painted on wood) 1 Panel

Fabric 1: Used in Border 1, Border 3 Corner Blocks, Border 5 Corner Blocks
STOF Fabrics – Quilters Shadow - Style 4516 (Beige) 1 yard

Fabric 2: Used in Border 2, Border 3, Border 4, Border 3 Corner Blocks, Border 5 Corner Blocks, Binding
Maywood Studios – The Little Things Sprinkled Dots MAS8417-RE (Red) 2 1/2 yards

Fabric 3: Used in Border 3 Corner Blocks, Border 5 Corner Blocks, Backing (5 yards for Backing)
P&B Textiles Suede – SUED 300 N (Navy) 7 1/4 yards

Fabric 4: Used in Border 3
Robert Kaufman – 4th on the Farm Americana AWU-16389-202 (Phrases) 1 1/4 yards

Batting
Hobbs Heirloom 80/20 Bleached 72” x 90” of packaged or 2 yards x at least 90” width of by-the-yard

******************************************************Alternate Corner Blocks (see last page for instructions on constructing corner squares)******************************************************

Border 3 Corner Blocks
Northcott Stonehenge Stars & Stripes 39090-25 Eagle Panel* (Used Red, Blue & Cream faux 16 patch squares) 1 panel
STOF Fabrics – Quilters Shadow Style 4516 (Beige) 1/6 yard

Border 5 Corner Blocks
Northcott Stonehenge Stars & Stripes 39372-11 Eagles (Fussy cut Eagles encircled by red & blue stars on Cream) 1/4 yard
Maywood Studios – The Little Things Sprinkled Dots MAS8417-RE (Red) 1/8 yard

*Save main portion of panel for use in another quilt.

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**Cutting & Joining Instructions**

Joined strips are done with a diagonal seam, trimmed to 1/4" seam allowance and pressed open or to one side.

Border strip sub-cuts are 1" longer (except Border 3 - 2 1/2" strips) to allow for even trimming after adding to quilt top.

| Fabric 1 | | | |
|---|---|---|
| **Piece** | **Strips** | **Sub-cut Size** | |
| Border 1 | Sides | Cut 2 strips 1.5" x WOF | Strips 1 & 2 |
| Border 1 | Sides | 1.5" Strip 1 | 1 |
| Border 1 | Sides | 1.5" Strip 2 | 1 |
| Border 1 | Top & Bottom | Cut 4 strips 1.5" x WOF | Strips 3, 4, 5 & 6 |
| Border 1 | Top | 1.5" Strip 3 + Strip 4 Joined | 1 |
| Border 1 | Bottom | 1.5" Strip 5 + Strip 6 Joined | 1 |
| Border 3 - 8" Block | HST | Cut 2 strips 3" x WOF | Strips 7 & 8 |
| Border 3 - 8" Block | HST | 3" Strip 7 | 14 |
| Border 3 - 8" Block | HST | 3" Strip 8 | 2 |
| Border 3 - 8" Block | Corner Square | Cut 1 strip 1.875" x WOF | Strip 9 |
| Border 3 - 8" Block | Corner Square | 1.875" Strip 9 | 16 |
| Border 5 - 6.5" Block | HST | Cut 2 strips 2.875" x WOF | Strips 10 & 11 |
| Border 5 - 6.5" Block | HST | 2.875" Strip 10 | 14 |
| Border 5 - 6.5" Block | HST | 2.875" Strip 11 | 2 |
| Border 5 - 6.5" Block | Corner Square | Cut 1 strip 1.75" x WOF | Strip 12 |
| Border 5 - 6.5" Block | Corner Square | 1.75" Strip 12 | 16 |

| Fabric 2 | | | |
|---|---|---|
| **Piece** | **Strips** | **Sub-cut Size** | |
| Border 2 | Sides | Cut 2 strips 2.5" x WOF | Strips 1 & 2 |
| Border 2 | Sides | 2.5" Strip 1 | 1 |
| Border 2 | Sides | 2.5" Strip 2 | 1 |
| Border 2 | Top & Bottom | Cut 4 strips 2.5" x WOF | Strips 3, 4, 5 & 6 |
| Border 2 | Top | 2.5" Strip 3 + Strip 4 Joined | 1 |
| Border 2 | Bottom | 2.5" Strip 5 + Strip 6 Joined | 1 |
| Border 3 - 8" Block | HST | Cut 2 strips 3" x WOF | Strips 7 & 8 |
| Border 3 - 8" Block | HST | 3" Strip 7 | 14 |
| Border 3 - 8" Block | HST | 3" Strip 8 | 2 |
| Border 3 | Sides, Top & Bottom | Cut 1 strip 2.5" x WOF | Strip 9 |
| Border 3 | Sides, Top & Bottom | 2.5" Strip 9 | 4 |
| Border 4 | Sides | Cut 4 strips 2.5" x WOF | Strips 10, 11, 12 & 13 |
| Border 4 | Sides | 2.5" Strip 10 + Strip 11 Joined | 1 |
| Border 4 | Sides | 2.5" Strip 12 + Strip 13 Joined | 1 |
| Border 4 | Top & Bottom | Cut 4 strips 2.5" x WOF | Strips 14, 15, 16 & 17 |
| Border 4 | Top & Bottom | 2.5" Strip 14 + Strip 15 Joined | 1 |
| Border 4 | Top & Bottom | 2.5" Strip 16 + Strip 17 Joined | 1 |
## Fabric 2 Continued

<table>
<thead>
<tr>
<th>Piece</th>
<th>Strips</th>
<th>Sub-cut Size</th>
</tr>
</thead>
<tbody>
<tr>
<td>Border 5 - 6.5&quot; Block</td>
<td>HST</td>
<td>Cut 2 strips 2,875&quot; x WOF</td>
</tr>
<tr>
<td>Border 5 - 6.5&quot; Block</td>
<td>HST</td>
<td>2,875&quot; Strip 18</td>
</tr>
<tr>
<td>Border 5 - 6.5&quot; Block</td>
<td>HST</td>
<td>2,875&quot; Strip 19</td>
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<tr>
<td>Border 5 - 6.5&quot; Block</td>
<td>Border</td>
<td>Cut 4 strips 1&quot; Strip x WOF</td>
</tr>
<tr>
<td>Border 5 - 6.5&quot; Block</td>
<td>Border</td>
<td>1&quot; Strip 20</td>
</tr>
<tr>
<td>Border 5 - 6.5&quot; Block</td>
<td>Border</td>
<td>1&quot; Strip 21</td>
</tr>
<tr>
<td>Border 5 - 6.5&quot; Block</td>
<td>Border</td>
<td>1&quot; Strip 22</td>
</tr>
<tr>
<td>Border 5 - 6.5&quot; Block</td>
<td>Border</td>
<td>1&quot; Strip 23</td>
</tr>
<tr>
<td>Binding</td>
<td>Binding</td>
<td>Cut 8 strips 2.5&quot; x WOF</td>
</tr>
<tr>
<td>Binding</td>
<td>Binding</td>
<td>2.5&quot; Strips 24 - 31 Joined</td>
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</tbody>
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## Fabric 3

<table>
<thead>
<tr>
<th>Piece</th>
<th>Strips</th>
<th>Sub-cut Size</th>
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</thead>
<tbody>
<tr>
<td>Border 3 - 8&quot; Block</td>
<td>HST</td>
<td>Cut 2 strips 3&quot; x WOF</td>
</tr>
<tr>
<td>Border 3 - 8&quot; Block</td>
<td>HST</td>
<td>3&quot; Strip 1</td>
</tr>
<tr>
<td>Border 3 - 8&quot; Block</td>
<td>HST</td>
<td>3&quot; Strip 2</td>
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<tr>
<td>Border 5 - 6.5&quot; Block</td>
<td>HST</td>
<td>Cut 2 strips 2,875&quot; x WOF</td>
</tr>
<tr>
<td>Border 5 - 6.5&quot; Block</td>
<td>HST</td>
<td>2,875&quot; Strip 3</td>
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<tr>
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<td>HST</td>
<td>2,875&quot; Strip 4</td>
</tr>
<tr>
<td>Border 3 - 8&quot; Block</td>
<td>Border</td>
<td>Cut 4 strips 1.5&quot; x WOF</td>
</tr>
<tr>
<td>Border 3 - 8&quot; Block</td>
<td>Border</td>
<td>1.5&quot; Strip 5</td>
</tr>
<tr>
<td>Border 3 - 8&quot; Block</td>
<td>Border</td>
<td>1.5&quot; Strip 6</td>
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<tr>
<td>Border 3 - 8&quot; Block</td>
<td>Border</td>
<td>1.5&quot; Strip 7</td>
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<tr>
<td>Border 3 - 8&quot; Block</td>
<td>Border</td>
<td>1.5&quot; Strip 8</td>
</tr>
<tr>
<td>Border 5</td>
<td>Sides Top, &amp; Bottom</td>
<td>Cut 8 strips 6.5&quot; x WOF</td>
</tr>
<tr>
<td>Border 5</td>
<td>Side</td>
<td>6.5&quot; Strip 13 + Strip 14 Joined</td>
</tr>
<tr>
<td>Border 5</td>
<td>Side</td>
<td>6.5&quot; Strip 15 + Strip 16 Joined</td>
</tr>
<tr>
<td>Border 5</td>
<td>Top</td>
<td>6.5&quot; Strip 9 + Strip 10 Joined</td>
</tr>
<tr>
<td>Border 5</td>
<td>Bottom</td>
<td>6.5&quot; Strip 11 + Strip 12 Joined</td>
</tr>
<tr>
<td>Backing</td>
<td>Backing</td>
<td>Cut 2 sections of 2.5 yards each</td>
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## Fabric 4

<table>
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<tr>
<th>Piece</th>
<th>Strips</th>
<th>Sub-cut Size</th>
</tr>
</thead>
<tbody>
<tr>
<td>Border 3</td>
<td>Top, Bottom &amp; Sides</td>
<td>Cut 2 strips 16&quot; x WOF</td>
</tr>
</tbody>
</table>

See Instructions for Border 3
Corner Block Construction
Border 3 - 8" Block (7 1/2" finished)

For each block:

Half Square Triangles (HST)
4 – 3” squares Fabric 1
4 – 3” squares Fabric 2
4 – 3” squares Fabric 3

Corner Squares
4 - 1 7/8” squares Fabric 1

Borders
2 – 1 1/2” x 7” strips Fabric 3
2 – 1 1/2” x 9” strips Fabric 3

Block consists of 12 HST using 3 combinations of fabrics and 4 corner squares plus a border.
The HST 3” squares have a generous 1 1/8” added to their size rather than the standard 7/8” to ensure squares can be trimmed to size needed for the completed block.

For each HST combination use 2 fabrics:
HST A: Fabric 1 & Fabric 2
HST B: Fabric 1 & Fabric 3
HST C: Fabric 2 & Fabric 3

Draw a diagonal line from corner to corner, upper left to lower right on the wrong side of 4 of the Fabric 1 squares and 2 of the Fabric 2 squares.
Place two squares right sides together matching edges according to the combinations listed above with the lined fabric on top.
Sew the pieces together 1/4” from both sides of the center line. Cut the pieces apart on the drawn line.

Set the seams.
Press the seam allowances of the HST C blocks open.
Press the seam allowances of the HST A & HST B blocks to the dark fabric.
Trim the HST blocks to 1 7/8” squares.

Sew a corner square to a HST B.
Set the seam.
Press the seam allowance to HST B.

Sew a HST A to a HST C.
Set the seam.
Press the seam allowance to HST A.

Sew the two pairs together into a quarter block.
Set the seam.
Press the seam allowance to the Corner/HST B combination.

Pair first two quarter blocks together turning the 2nd quarter block one quarter turn and matching edges.
Sew together. Set the seam and press it open. Repeat with the remaining two quarter blocks.
Sew the two half blocks together matching the seams.
Set the seams and press open.
Block should measure 6” square unfinished. Make 4 blocks in this manner.

Sew the side borders to the block.
Set the seam and press to the border. Trim ends even with block.
Sew the top & bottom borders to the block.
Set the seam and press to the border. Trim ends even with side borders.
Blocks should measure 8” square unfinished.

**Border 5 - 6 1/2" Block (6” finished)**

*For each block:*

**Half Square Triangles (HST)**
- 4 – 2 7/8” squares Fabric 1
- 4 – 2 7/8” squares Fabric 2
- 4 – 2 7/8” squares Fabric 3

**Corner Squares**
- 4 - 1 3/4” squares Fabric 1

**Borders**
- 2 – 1” x 6 1/2” strips Fabric 2
- 2 – 1” x 7 1/2” strips Fabric 2

Repeat the same construction for the 6 1/2” block, except all of the HST blocks are assembled so that the color pairings are opposite of the 8” block.

HST A

HST B

HST C

Set the seams.
Press the seam allowances of the HST C blocks open.
Press the seam allowances of the HST A & HST B blocks to the dark fabric.
Trim the HST blocks to 1 3/4” squares.
Sew a HST B to a HST C.
Set the seam.
Press the seam allowance to HST B.

The rest of the construction is the same as the 8” block:
Sew the two pairs together into a quarter block.
Set the seam.
Press the seam allowance to HST B combination.

Pair first two quarter blocks together turning the 2nd quarter block one quarter turn and matching edges.
Sew together. Set the seam and press it open. Repeat with the remaining two quarter blocks.

Sew the two half blocks together matching the seams.
Set the seams and press open.
Block should measure 5 1/2” square unfinished. Make 4 blocks in this manner.

Sew the side borders to the block.
Set the seam and press to the border. Trim ends even with block.
Sew the top & bottom borders to the block.
Set the seam and press to the border. Trim ends even with side borders.
Blocks should measure 6 1/2” square unfinished.
Quilt Construction

Center panel:
- Trim to 22 1/2” x 42 1/2”

Border 1:
- **Side Borders – each measure** 1 1/2” x 22 1/2” unfinished after trimming
  - Sew side strips to center panel sides.
  - Set seams & press to border side.
  - Trim ends even with center panel top & bottom.
- **Top & Bottom Borders – each measure** 1 1/2” x 44 1/2” unfinished after trimming
  - Sew top & bottom strips to Center Panel top & bottom, centering the joined border seam on Center Panel.
  - Set seams & press to border side.
  - Trim ends even with Border 1 side borders.

Border 2:
- **Side Borders – each measure** 2 1/2” x 24 1/2” unfinished after trimming
  - Sew side strips to Border 1 sides.
  - Set seams & press to border side.
  - Trim ends even with Border 1 top & bottom.
- **Top & Bottom Borders – each measure** 2 1/2” x 48 1/2” unfinished after trimming
  - Sew top & bottom strips to Border 1 top & bottom, centering the joined border seam on Border 1.
  - Set seams & press to border side.
  - Trim ends even with Border 2 side borders.

Border 3:
- If Fabric 4 is not directional, cut each 16” strip into 2 - 8” x WOF strips. Cut each of the 4 - 8” strips into an 8” x 14 1/2” strip and an 8” x 24 1/2” strip for a total of 4 – 8” x 14 1/2” strips & 4 - 8” x 24 1/2” strips.
- If Fabric 4 is directional, from each of the 16” strips of Fabric 4, cut 2 - 14 1/2” LOF x 8” WOF pieces and 2 – 8” LOF x 24 1/2” WOF pieces as shown in diagram below.

![Diagram of Border 3](image)

- **Side Borders – each measure** 8” x 28 1/2” unfinished after trimming
  - For each side border, piece a 14 1/2” x 8” Fabric 4 strip, a 2 1/2” x 8” Fabric 2 strip and a 2nd 14 1/2” x 8” Fabric 4 strip.
  - Sew side strips to Border 2 sides, centering the 2” finish strip on Border 2.
  - Set seams & press to border side.
  - Trim ends even with Border 2 top & bottom borders.
**Top & Bottom Borders** – each measure 8” x 63 1/2” unfinished after trimming

For Top, piece together a 24 1/2” x 8” Fabric 4 strip, a 2 1/2” x 8” Fabric 2 strip and a 2nd 24 1/2” x 8” Fabric 4 strip.
Measure & trim ends even with Border 2 side borders.
Add an 8” corner block to each side of the top & bottom borders.
Sew top & bottom strips to Border 2 top & bottom centering the 2” finish strip on Border 2 and matching the inner edge of the corner block seams with the Border 3 side seams.
Set seams & press to border side.

**Border 4:**

**Side Borders** – each measure 2 1/2” x 43 1/2” unfinished after trimming
Sew side strips to Border 3 sides.
Set seams & press to border side.
Trim ends even with Border 3 top & bottom borders.

**Top & Bottom Borders** – each measure 2 1/2” x 67 1/2” unfinished after trimming
Sew top & bottom strips to Border 3 top & bottom, centering the joined border seam on Border 3.
Set seams & press to border side.
Trim ends even with Border 4 side borders.

**Border 5:**

**Side Borders** – each measure 6 1/2” x 47 1/2” unfinished after trimming
Sew side strips to Border 4 sides, centering the joined border seam on Border 3.
Set seams & press to border side.
Trim ends even with Border 4 top & bottom borders.

**Top & Bottom Borders** – each measure 6 1/2” x 79 1/2” unfinished after trimming
Measure & trim ends even with Border 4 side borders.
Add an 8” corner block to each side of the top & bottom borders.
Sew top & bottom strips to Border 4 top & bottom, matching the inner edge of the corner block seams with the Border 5 side seams.
Set seams & press to border side.

**Backing:**

Piece together the 90” long sections with 1/2” seam allowance to make a piece that is 84” wide for the backing.
Trim width to 72” wide to match the batting size of 72” x 90”.

**Quilting:**

Sandwich the Backing, wrong side up, the batting, and the quilt top, right side up.
Baste as desired.
Quilt as desired.

**Binding:**

Join binding with diagonal seams. Trim seam allowances to 1/4” and press open or to one side. Fold binding in half width-wise (French-fold) and press. Hand or machine stitch binding to quilt.

**Finishing:**

Add a quilt label to the quilt.

Wash the quilt in cold water with mild detergent, no bleach. Tumble dry on low heat.
Quilt made with Alternate Corner Squares

Alternate Border 3 Corner Squares
Used 4 of the faux 16-patch squares from Northcott Stonehenge Stars & Stripes 39090-25 Eagle Panel, fussy cut to make 6” unfinished center squares and pieced with 1 1/2” border strips out of STOF Fabrics Quilters Shadow (Fabric 3).
- Cut 4 strips 1 1/2” x WOF of Fabric 1.
- Sub-cut 2 strips into 8 - 1 1/2” x 6” strips for side borders of the 6” square.
- Sub-cut the remaining 2 strips into 8 - 1 1/2” x 8” strips for top & bottom borders of the 6” square.
- Sew side borders to center block, then sew top & bottom borders to block.
- Square up block & trim to 8” if necessary.

Alternate Border 5 Corner Squares
Used Northcott Stonehenge Stars & Stripes 39372-11 Eagles encircled by stars, fussy cut 5 1/2” square, centering the eagle within the stars and pieced with 1” border strips out of Maywood Studios – The Little Things Sprinkled Dots MAS8417-RE (Fabric 2).
- Cut 4 strips of 1” x WOF of Fabric 2.
- Sub-cut 2 strips into 8 - 1” x 5 1/2” strips for side borders of the 5 1/2” square.
- Sub-cut the remaining 2 strips into 8 - 1” x 6 1/2” strips for the top & bottom borders of the 5 1/2” square.
- Sew side borders to the center block, then sew top & bottom borders to block.
- Square up block & trim to 6 1/2” if necessary.

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