Quilt of Valor Quilt – Proud American

69 3/4” x 73 3/4”

This is an easy quilt put together quickly with large simple blocks, sashing and a single border.
Fabric Requirements

Read all instructions before cutting fabric. Fabric requirements will be based on fabrics used in pictured quilt and have been calculated using 42 1/2" WOF after selvages removed. You may need to adjust some fabric requirements depending on your fabric choices.

All seams are sewn with a scant 1/4" seam allowance unless otherwise stated in instructions.

Center Squares
  Fabri-Qilt American Pride Panel 112-3059  1 Panel

Fabric 1: Sashing
  Fabri-Qilt American Pride Checks 112-3061  1 1/4 yards

Fabric 2: Half Square Triangle Blocks
  Fabri-Qilt American Pride Words 112-3060  1 1/4 yards

Fabric 3: Half Square Triangle Blocks
  Joann Fabrics Patriotic Dots on Red 15833791  1 1/4 yards

Fabric 4: Nine-patch Blocks, Binding
  P&B Textiles Color Weave Red CWE4204R  1 1/4 yards

Fabric 5: Nine-patch Blocks, Outside Border, Backing
  Moda Grunge Basics BasicGrey Cobalt Blue 30150-223  6 3/4 yards

Batting
  Hobbs Heirloom 80/20 Bleached  72” x 90” of packaged or 2 yards x at least 90” width of by-the-yard
Cutting & Joining Instructions

Joined strips are done with a diagonal seam, trimmed to 1/4" seam allowance and pressed open or to one side.

Border & Sashing strip sub-cuts are 1” longer to allow for even trimming after adding to quilt top.

<table>
<thead>
<tr>
<th>Fabric 1</th>
<th>Piece</th>
<th>Strips</th>
<th>Sub-cut Size</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sashing</td>
<td>Inner Vertical Strips</td>
<td>Cut 6 strips 2.25&quot; x WOF</td>
<td>Strips 1 - 6</td>
</tr>
<tr>
<td>Sashing</td>
<td>Inner Vertical Strips</td>
<td>2.25&quot; Strip 1</td>
<td>2</td>
</tr>
<tr>
<td>Sashing</td>
<td>Inner Vertical Strips</td>
<td>2.25&quot; Strip 2</td>
<td>2</td>
</tr>
<tr>
<td>Sashing</td>
<td>Inner Vertical Strips</td>
<td>2.25&quot; Strip 3</td>
<td>2</td>
</tr>
<tr>
<td>Sashing</td>
<td>Inner Vertical Strips</td>
<td>2.25&quot; Strip 4</td>
<td>2</td>
</tr>
<tr>
<td>Sashing</td>
<td>Inner Vertical Strips</td>
<td>2.25&quot; Strip 5</td>
<td>2</td>
</tr>
<tr>
<td>Sashing</td>
<td>Inner Vertical Strips</td>
<td>2.25&quot; Strip 6</td>
<td>2</td>
</tr>
<tr>
<td>Sashing</td>
<td>Inner Vertical Strips</td>
<td>Cut 6 strips 2.25&quot; x WOF</td>
<td>Strips 7 - 12</td>
</tr>
<tr>
<td>Sashing</td>
<td>Inner Horizontal Strips</td>
<td>2.25&quot; Strip 7 &amp; Strip 8 Joined</td>
<td>1</td>
</tr>
<tr>
<td>Sashing</td>
<td>Inner Horizontal Strips</td>
<td>2.25&quot; Strip 9 &amp; Strip 10 Joined</td>
<td>1</td>
</tr>
<tr>
<td>Sashing</td>
<td>Inner Horizontal Strips</td>
<td>2.25&quot; Strip 11 &amp; Strip 12 Joined</td>
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</tr>
<tr>
<td>Sashing</td>
<td>Sides, Top &amp; Bottom</td>
<td>Cut 8 strips 2.25&quot; x WOF</td>
<td>Strips 13 - 20</td>
</tr>
<tr>
<td>Sashing</td>
<td>Side</td>
<td>2.25&quot; Strip 13 &amp; Strip 14 Joined</td>
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</tr>
<tr>
<td>Sashing</td>
<td>Side</td>
<td>2.25&quot; Strip 15 &amp; Strip 16 Joined</td>
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</tr>
<tr>
<td>Sashing</td>
<td>Top</td>
<td>2.25&quot; Strip 17 &amp; Strip 18 Joined</td>
<td>1</td>
</tr>
<tr>
<td>Sashing</td>
<td>Bottom</td>
<td>2.25&quot; Strip 19 &amp; Strip 20 Joined</td>
<td>1</td>
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<table>
<thead>
<tr>
<th>Fabric 2</th>
<th>Piece</th>
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<th>Sub-cut Size</th>
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</thead>
<tbody>
<tr>
<td>Block 1</td>
<td>HST Blocks</td>
<td>Cut 2 strips 14.625&quot; x WOF</td>
<td>Strips 1 – 2</td>
</tr>
<tr>
<td>Block 1</td>
<td>HST Blocks</td>
<td>14.625 Strip 1</td>
<td>2</td>
</tr>
<tr>
<td>Block 1</td>
<td>HST Blocks</td>
<td>14.625 Strip 2</td>
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</tbody>
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<table>
<thead>
<tr>
<th>Fabric 3</th>
<th>Piece</th>
<th>Strips</th>
<th>Sub-cut Size</th>
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</thead>
<tbody>
<tr>
<td>Block 1</td>
<td>HST Blocks</td>
<td>Cut 2 strips 14.625&quot; x WOF</td>
<td>Strips 1 – 2</td>
</tr>
<tr>
<td>Block 1</td>
<td>HST Blocks</td>
<td>14.625&quot; Strip 1</td>
<td>2</td>
</tr>
<tr>
<td>Block 1</td>
<td>HST Blocks</td>
<td>14.625&quot; Strip 2</td>
<td>2</td>
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<table>
<thead>
<tr>
<th>Fabric 4</th>
<th>Piece</th>
<th>Strips</th>
<th>Sub-cut Size</th>
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</thead>
<tbody>
<tr>
<td>Block 2</td>
<td>9-Patch Blocks</td>
<td>Cut 3 strips 5&quot; x WOF</td>
<td>Strips 1 – 3</td>
</tr>
<tr>
<td>Block 2</td>
<td>9-Patch Blocks</td>
<td>5&quot; Strip 1</td>
<td>8</td>
</tr>
<tr>
<td>Block 2</td>
<td>9-Patch Blocks</td>
<td>5&quot; Strip 2</td>
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<tr>
<td>Block 2</td>
<td>9-Patch Blocks</td>
<td>5&quot; Strip 3</td>
<td>4</td>
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<tr>
<td>Binding</td>
<td>Binding</td>
<td>Cut 8 strips 2.5&quot; x WOF</td>
<td>Strips 4 – 11</td>
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<tr>
<td>Binding</td>
<td>Binding</td>
<td>2.5&quot; Strips 4 - 11 Joined</td>
<td>N/A</td>
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<tr>
<td>Piece</td>
<td>Strips</td>
<td>Sub-cut Size</td>
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<td></td>
</tr>
<tr>
<td>Block 2</td>
<td>9-Patch Blocks</td>
<td><strong>Cut 2 strips 5&quot; x WOF</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>Strips 1 – 2</strong></td>
<td></td>
</tr>
<tr>
<td>Block 2</td>
<td>9-Patch Blocks</td>
<td>5&quot; Strip 1</td>
<td>8 5&quot; squares</td>
</tr>
<tr>
<td>Block 2</td>
<td>9-Patch Blocks</td>
<td>5&quot; Strip 2</td>
<td>8 5&quot; squares</td>
</tr>
<tr>
<td>Outside Border</td>
<td>Sides</td>
<td><strong>Cut 4 strips 3.5&quot; x WOF</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>Strips 3 – 6</strong></td>
<td></td>
</tr>
<tr>
<td>Outside Border</td>
<td>Side</td>
<td>3.5&quot; Strip 3 &amp; Strip 4 Joined</td>
<td>1 3.5&quot; x 64.25&quot; strip</td>
</tr>
<tr>
<td>Outside Border</td>
<td>Side</td>
<td>3.5&quot; Strip 5 &amp; Strip 6 Joined</td>
<td>1 3.5&quot; x 64.25&quot; strip</td>
</tr>
<tr>
<td>Outside Border</td>
<td>Top &amp; Bottom</td>
<td><strong>Cut 4 strips 5.5&quot; x WOF</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>Strips 7 – 10</strong></td>
<td></td>
</tr>
<tr>
<td>Outside Border</td>
<td>Top</td>
<td>5.5&quot; Strip 7 &amp; Strip 8 Joined</td>
<td>1 5.5&quot; x 70.25&quot; strip</td>
</tr>
<tr>
<td>Outside Border</td>
<td>Bottom</td>
<td>5.5&quot; Strip 9 &amp; Strip 10 Joined</td>
<td>1 5.5&quot; x 70.25&quot; strip</td>
</tr>
<tr>
<td>Backing</td>
<td>Backing</td>
<td><strong>Cut 2 sections of 2.5 yards each</strong></td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>90&quot; x 42.5&quot;</td>
<td></td>
</tr>
</tbody>
</table>
Block Construction

Block 1 – 14” Block (13 1/2” finished)

For each 2 blocks:
Half Square Triangles (HST)
1 – 14 5/8” squares Fabric 2
4 – 14 5/8” squares Fabric 3

The HST 14 5/8” squares have a generous 1 1/8” added to their size rather than the standard 7/8” to ensure squares can be trimmed to size needed for the completed block.

Draw a diagonal line from corner to corner, upper left to lower right on the wrong side of the Fabric 2 squares. Place two squares right sides together matching edges with the lined fabric on top. Sew the pieces together 1/4” from both sides of the center line. Cut the pieces apart on the drawn line. Set the seams. Press the seam allowance to the Fabric 2 side. Trim the HST block to 14” squares.

Make 8 blocks.

Block 2 – 14” Block (13 1/2” finished)

For each block:
9-Patch
5 – 5” squares Fabric 4
4 – 5” squares Fabric 5

Sew three rows of three squares alternating fabrics as shown in below diagram. Set the seams. Press the seam allowances on Row 1 and 3 to the middle square. Press the seam allowances on Row 2 to the outer squares. Sew the rows together to make the block, matching the seams in each row. Trim the block to 14” squares.

Make 4 blocks

Panel Blocks:
Separate and trim each of the 4 blocks in the panel to 14” squares.
Quilt Construction

Row 1:

*Piece the row as follows:*

- 9-Patch block
- Inner Vertical sashing strip
- Trim sashing strip even with block
- HST block with Fabric 2 to upper left
- Inner Vertical sashing strip
- Trim sashing strip even with block
- HST block with Fabric 2 to upper right
- Inner Vertical sashing strip
- Trim sashing strip even with block
- 9-Patch block

Row 2:

*Piece the row as follows:*

- HST block with Fabric 2 to upper left
- Inner Vertical sashing strip
- Trim sashing strip even with block
- Panel block
- Inner Vertical sashing strip
- Trim sashing strip even with block
- Panel block
- Inner Vertical sashing strip
- Trim sashing strip even with block
- HST block with Fabric 2 to upper right

Row 3:

*Piece the row as follows:*

- HST block with Fabric 2 to lower left
- Inner Vertical sashing strip
- Trim sashing strip even with block
- Panel block
- Inner Vertical sashing strip
- Trim sashing strip even with block
- Panel block
- Inner Vertical sashing strip
- Trim sashing strip even with block
- HST block with Fabric 2 to lower right

Row 4:

*Piece the row as follows:*

- 9-Patch block
- Inner Vertical sashing strip
- Trim sashing strip even with block
- HST block with Fabric 2 to lower left
- Inner Vertical sashing strip
- Trim sashing strip even with block
- HST block with Fabric 2 to lower right
- Inner Vertical sashing strip
- Trim sashing strip even with block
- 9-Patch block
Assemble Rows:

- Sew Row 1 and Row 2 together with an inner horizontal sashing strip between them.
  - Trim sashing ends even with end of rows.
- Sew the second inner horizontal sashing strip to the bottom of Row 2
- Sew Row 3 to the second inner horizontal sashing strip.
  - Trim sashing ends even with end of rows.
- Sew the third inner horizontal sashing strip to the bottom of Row 3
- Sew Row 4 to the third inner horizontal sashing strip.
  - Trim sashing ends even with end of rows.

Sashing Border:

- **Side Sashing — each measure** 2 1/4” x 59 3/4” unfinished after trimming
  - Sew side strips to center quilt center.
  - Set seams & press to border side.
  - Trim ends even with center top & bottom.
- **Top & Bottom Sashing — each measure** 2 1/4” x 63 1/4” unfinished after trimming
  - Sew top & bottom strips to quilt center.
  - Set seams & press to border side.
  - Trim ends even with side sashing.

Outside Border:

- **Side Borders - each measure** 3 1/2” x 63 1/4” unfinished after trimming
  - Sew side strips to side sashing.
  - Set seams & press to border side.
  - Trim ends even with top & bottom sashing.
- **Top & Bottom Borders — each measure** 5 1/2” x 69 1/4” unfinished after trimming
  - Sew top & bottom strips to top & bottom, sashing.
  - Set seams & press to border side.
  - Trim ends even with side borders.

Backing:

- Piece together the 90” long sections with 1/2” seam allowance to make a piece that is 84” wide for the backing.
  - Trim width to 72” wide to match the batting size of 72” x 90”.

Quilting:

- Sandwich the Backing, wrong side up, the batting, and the quilt top, right side up.
- Baste as desired.
- Quilt as desired.

Binding:

- Join binding with diagonal seams. Trim seam allowances to 1/4” and press open or to one side. Fold binding in half width-wise (French-fold) and press. Hand or machine stitch binding to quilt.

Finishing:

- Add a quilt label to the quilt.

  - Wash the quilt in cold water with mild detergent, no bleach. Tumble dry on low heat.